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## MARIE-CLAUDE JULIEN

### Passe temps

Le temps passe, lentement  
 Il semble  
 Car rien ne change  
 Il n'y a qu'un seul coucher de soleil

Le temps passe vite il semble  
 Car les gens oublient  
 Il y a des levers de soleil  
 Après les nuits

Le temps tourne en rond  
 Il danse  
 Car tout recommence toujours  
 Il y a des matins et des soirs

Le temps passe en long  
 Il temble  
 Il n'y a qu'un seul début  
 Et une seule fin

*La poésie de Marie-Claude Julien apparaît plus tôt dans ce numero.*

**T**he "bible of the mental-health profession," the DSM (Diagnostic and Statistical Manual of Mental-Health Disorders) is the guide all psychiatrists, therapists, and social workers use to determine who may be judged incompetent or disturbed. This powerful manual is constructed by a small clique in the psychiatric establishment dominated by conservative white males. As a member of two DSM committees considering specific diagnostic categories, Dr. Caplan is able to offer first hand an insider's view of the DSM decision-making process.

*"...the influential American Psychiatric Association had decided to create a category of psychiatric abnormality called "Masochistic Personality Disorder" (MPD)...the concept of masochism had been used for a long time, most often to distort women's motives and behavior so that they seemed bizarre and sick...Few women who were suffering or unhappy escaped being pathologized, treated as abnormal,...women who denied that they wanted to be hurt were said to be unconscious masochists...women who had been raised to be traditional, "good wives" were... stamped as abnormal, because putting other people's needs ahead of one's own without being appreciated was part of the MPD description..."*

Paula J. Caplan, Ph.D., a clinical and research psychologist with appointment in Psychiatry and Women Studies at the University of Toronto and the author of the best-selling *The Myth of Women's Masochism* and *Don't Blame Mother*, brings to the fore a shocking exposé of the process by which the mental-health elite judge us all.

Paula J. Caplan, Ph.D.

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