other cruising magazines. There is also a Newsletter for women sailors, *The Nautical Woman* (Harve de Grace, MD).

#### References

Andersen, R. Ed. North Atlantic Maritime Cultures. The Hague: Mouton, 1979.

Porter, Marilyn. "Women and Old Boats: The Sexual Division of Labour in a Newfoundland Outport." Place and Persistence in the Lives of Newfoundland Women. Aldershot, England: Avebury Press, 1993.

Porter, Marilyn. "Not Drowning but Waving: Reading Nineteenth Century Whaling Women's Diaries." Studies in Sexual Politics 28 (1990).

Nadel-Klein, J. and D. Davis, Eds. To Work and To Weep: Women in Fishing Economies. St. John's: ISER, 1988.

Smith, M. Estelle, Ed. *Those Who Live From the Sea*. New York: West Publishing Company, 1977.

de Pauw, Linda Grant. Seafaring Women. Boston: Houghton Mifflin, 1982.



During the summer of 1991, Victoria Jason embarked on a four year, 7,500 kilometre kayak journey through the Northwest Passage. Read about the arctic adventure of a lifetime.

\$26.95 hardcover with colour photos. ISBN 0-88801-201-2, dist. by General. In better bookstores Sept. 15th.

# TURNSTONE PRESS

#### REBEKKAH ALEXANDER

### Mirror Mirror

In my sister's bedroom
I stood in front of her full length mirror.
Until she left for university
I entered only with sacred permission
but she stopped coming home
after Thanksgiving that year
and I boldly stood on the woven rug
in front of my reflection.

I remember I stood there crying, grade eight awkward body with ill-fitting clothes and hair which hung like overcooked spaghetti, feeling larger than the fattest person in the world wondering why, why was I born so twisted and hideous, so unlike the other girls who passed secret notes in class and went to the dances afterschool.

## I hated them.

I hated the boys who looked at me with eyes that told me I was invisible and snapped my bra strap and called me Tank as they pushed me down in the playground.

I hated that no one ever saw beyond the dirtyness and raggedness, the cumbersome walk and the silent eyes which never raised.

Rebekkah Alexander is a counsellor at a rape crisis centre and an art therapist with child witnesses of violence at several Toronto women's shelters. She has previously been published in The Journal of Expressive and Creative Arts Therapy Exchange, in an anthology of poetry entitled Island Sunsets by the Poetry Institute of Canada, at the B.R.A.V.E. Forum on Ritual Abuse, and several newspapers.