Barbara Gfellner and Robert Annis. Discussion Document #1: Toward A Framework to Explore the Health of Rural Communities. 2000. http:/ /rhrg.brandonu.ca. Accessed March 19, 2003.

Side, Katherine. "Government Restraint and Limits to Economic Reciprocity in Women's Friendships." *Atlantis: A Women's Studies Journal* 23 (2) (1999): 5-15.

Statistics Canada. Households' Unpaid Work: Measurement and Valuation. Ottawa: Statistics Canada, Cat. No. 13-603E, No. 3, 1995.

Statistics Canada. *The Daily*, March 17. Ottawa. Catalogue No. 11-001E, 1996a.

- Statistics Canada. 1996 Census Community Profiles, Population Statistics for Parrsboro (Town), Nova Scotia, 1996b. www12.statscan.ca/ english/profil/Details/details 1pop.cfm. Accessed May 28, 2003.
- Statistics Canada 1998 General Social Survey, Cycle 11. Social and Community Support. Cat. No. 12M0011GPE. Ottawa.
- Statistics Canada. Canada's Workforce: Unpaid Work, 2001 Census. Ottawa. Catalogue No. 97F0013X1E, 2001.
- Statistics Canada. A National Overview: Population and Dwelling Counts, 2001. Ottawa. Catalogue No. 93360XPB, 2002.
- Sutherns, Rebecca, Marilou McPhedran and Margaret Haworth-Brockman. *Rural, Remote and Northern Women's Health: Summary Report.* Winnipeg: Centres of Excellence for Women's Health, 2004.
- World Health Organization (WHO) Declaration of Alma Ata, 1978. http://www.who.int/hpr/archive/ docs/almaata.html. Accessed September 30, 2003.

RENEE NORMAN

4 loads of laundry

hang in the sun 3 generations of women pin unpin the nightgowns to from the line

First Generation your lips at a sycophantic salesclerk when you buy me a new gown i notice how your cheeks sink how you hang the wet clothes upside down

Second Generation

i examine the clothes to see if they are dry the skin on my hands is parched lined with creases that cross between mothers and children and nightgowns whose hems gently stir at the push from a breeze

Third Generation

your gums show a large tear where 2 permanent teeth rip through barely do you have the strength to open a clothespin and throw the clothes unfolded like paper dolls into baskets that once you climbed inside

4 loads of laundry hang in the sun in the sun

Renee Norman, Ph.D, is a poet, writer, and teacher living in Coquit-lam, BC. Her poetry appears in her book House of Mirrors, in the anthology The Missing Line, published by Inanna Publications, and in many literary and academic journals across Canada and the U.S.