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## FARAH MAHRUKH COOMI SHROFF

### Jaan

My grandmother (now 95) and i play a fun game  
Twinkling Eyes Dancing Hands  
Giving Receiving Love for Love

Granny: "Tu mari kaleji chhe!!"  
i am her kidney, inside her, so vital

Farah: "Tu maru bejoo chhe!!"  
She is my brain, teaching truths

Granny: "Tu mari dihl chhe!!"  
i am her heart, beating life

Granny and me, back and forth,  
When all the organs have been named:  
"tu mari jaan chhe!!"

You are my life, my essence, the breath that  
makes me who i am,  
A vibrant song resonating deep in my soul

*In Gujarati, expressing love is like saying "you are so important to me that I can't live without you—just like I can't live without my kidneys." The ultimate form of devotion is to declare that our beloved is the essence of life itself, our soul (jaan).*

*Farah writes: "Coomi is my grandmother's first name. Marukh is my mother's first name (and Shroff is my father's last name). When i was quite young i decided to change my middle names to honour the wonderful women who raised me along with my amazing father."*