- Physicians in Canada. Sudbury: Centre for Rural and Northern Health Research, Laurentian University, 1999.
- Pope, A., A. S. A. Pope, G. D. Grams, C. Whiteside and A. Kazanjian. "Retention of Rural Physicians: Tipping the Decision-making Scales." *Canadian Journal of Rural Medicine* 3(4) (1998): 209-16.
- Reid, A., I. Grava-Gubins and J. Carroll. Results of the 2001 National Family Physician Workforce Survey (weighted data). The Janus Project. Mississauga: College of Family Physicians of Canada, 2001.
- Reutter, L., A. Neufeld and M. A. Harrison. "Review of the Research on the Health of Low-Income Canadian Women." *Canadian Journal of Nursing Research* 32 (1) (June 2000): 75-97.
- Rosenberg, M. W. and K. Wilson. "Gender, Poverty and Location: How much Difference do they make in the Geography of Health Inequalities." *Social Science and Medicine* 51 (2) (July 2000): 275-87.
- Rourke, J. T. "Politics of Rural Healthcare: Recruitment and Retention of Physicians." *Canadian Medical Association Journal* 148 (8) (1993): 1281-4.
- Rourke, L. L., J. Rourke and J. B. Browne. "Women Family Physicians and Rural Medicine: Can the Grass be Greener in the Country?" *Canadian Family Physician* 42 (June 1996): 1063-7.
- Ruderman, J., S. G. Holzapfel, J. C. Carroll and S. Cummings. "Obstetrics Anyone? How Family Medicine Residents' Interests Changed." *Canadian Family Physician* 45 (March 1999): 638-40.
- Sutherns, R. Women's Experiences of Maternity Care in Rural Ontario: Do Doctors Matter? Unpublished dissertation, University of Guelph, 2001.
- Sutherns, R., M. McPhedran and M. Haworth-Brockman. Rural, Remote and Northern Women's Health: Policy and Research Directions. Winnipeg: Prairie Women's Health Centre of Excellence, 2003.
- Sutherns, R., P. Wakewich, B. Parker and C. Dallaire. "Rural, Remote and Northern Women's Health in Canada: A Literature Review and Thematic Bibliography." Eds. R. Sutherns, M. McPhedran and M. Haworth-Brockman. Rural, Remote and Northern Women's Health in Canada: Policy and Research Directions. Winnipeg: Prairie Women's Health Centre of Excellence, 2003. E1-E57
- Vissandjee, B., M. Weinfeld, S. Dupere and S. Abdool. "Sex, Gender, Ethnicity and Access to Healthcare Services; Research and Policy Challenges for Immigrant Women in Canada." *International Journal of Migration and Integration* 2 (1) (Winter 2001): 55-75.

CHERYL R. COWTAN

A Wreath of Memories

A basket of pine cones sat in my mother's cellar. After a few dusty years, I couldn't help but ask her.

Why did you not leave these outside for the squirrels? Why gather up pine cones? Such seed dropping whorls!

She tipped out the basket, sorting the cones into piles. Then described each discovery right down to tree aisles.

"Jack Pine from your Nanny's last home before she died. Red Cedar buds from the place we lived on seventh line.

On the canoe portage of my sweet honeymoon. Your father and I found these giant, wooden blooms."

She held a Hemlock seed.
"Oh yes, and this one.
I found in your forest,
when your first son was born."

My tears dripped down slowly, as she shared her memories. I had judged her kind heart over a few dusty seeds.

She glued all the pine cones into a beautiful wreath, and before she passed on, she passed the memories to me.

Cheryl R Cowtan, a proud mother of two, attends York University's Education and English programmes. Formerly a Social Worker, Cheryl often writes about social issues. She is currently working on a poetry manuscript about violence against women.