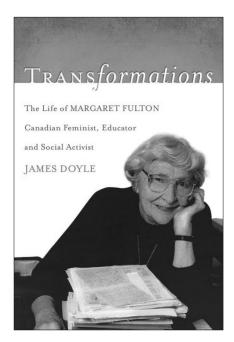
integrated strategies that include other development activities. Numerous studies by academics and development organizations highlight the importance of building the capacities, organization, or political influence of civil society—all of which legal empowerment contributes to—in improving the lives of the disadvantaged. A growing array of qualitative and quantitative research more specifically suggests that legal empowerment has helped advance poverty alleviation, good governance, and other development goals.

<sup>65</sup>Albertina Sisulu, "Preface" in Gertrude Ntiti Shope, ANC, *Malibongwe, Celebrating Our Unsung Heroines* (Jet Park South Africa: Teamwork Printers, 2002), p.6.

## A celebration of Margaret Fulton's role as an important catalyst in the ongoing process of social change



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## CAROL A. ADAMS

## You're Still the One

She's still the one who takes a shine to furniture and floors Each tiny scratch upon the bathroom door draws her eye, She thinks in terms of a thick red rope across each doorway

He's still the man she married the one with the cheerful edge who now and then leaves the toilet seat in the upright position, who likes her means and ends, sees the larger picture, who likes to cook, yes, really likes it

Between them now, not so much of that easy chemistry Sunday finds her brooding behind her book He can see her crossing them off regretting their loss As her mother said she deserved better

Sometimes at the table she sighs to think of what they were and what they might have been Then, he'll give her that look the stock-in-trade of husbands the one that says "Now, just a minute. We've still got something"

But when their defences are down, like juices from the Sunday roast love seeps out unguarded They speak in larger gestures hold nothing back And she still commits those random acts of kindness and doesn't notice that in the morning She is happy

Carol A. Adam's poetry has appeared in a number of literary journals and anthologies. She is currently teaching English in Toronto, as well as writing and conducting poetry workshops.

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