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L.A.R.K.

A Is for Appetite

And when Mona Lisa sat there,
 she just sat, there.
 Her appetite grew intense
 and she stood up,
 walked toward the fridge.
 She grabbed herself some chocolate,
 a loaf of bread, and a bag of chips.
 Eating this food made up for all the times
 she deprived herself,
 when she existed on water.
 Today she wanted to enjoy herself.
 She walked toward her chair
 and sat down munching away,
 looking out the window,
 out into the fields which lay before her.
 Her appetite soon satisfied,
 she began to whistle,
 and then a huge smile spread across her face.
 This may be what it meant to have an appetite,
 to satisfy it and feel at ease and comforted in her body.
 Imagine if you saw a painting of the Mona Lisa,
 and thought to yourself, “I wonder what she is thinking about?”

L.A.R.K. received a BA Honours in dance teaching and an MA in dance writing from York University. Her writing has been published in Kola magazine and Canadian Woman Studies journal. A chapbook, Dreamscapes, was published by Passion Among the Cacti Press. Visual art was exhibited in the “Say the Unsayable” CMHA Group Exhibition at the Colleen Abbott Gallery in the Aurora Public Library. A book of dreams with visual art is in the process.