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## Un regalo

Non possiedo consigli  
di ultima e suprema saggezza  
da darti in regalo  
per facilitarti il cammino  
e renderti il vivere  
una collana di pietose filosofie  
a scongiurarne il soffrire e l'amore.  
Io non ho che questa piccola focaccia  
che riempierla poche ore  
la mia vita e la cucina  
con odore di infinita domesticità  
dal sapore di mandorla e d'olio  
una modesta natura morta  
che ti giace in fronte  
con grazia dolce e sicura.

Giovanna Peel

## A gift

I do not have counsels  
of ultimate wisdom  
to bestow upon you  
and ease the way  
through the maze  
of contradicting philosophies  
and exorcize the suffering and love.

I have nothing but this little cake  
which filled my life and my kitchen  
for a few hours  
with a scent of ineffable domesticity,  
a modest still life  
placed in front of you  
with sweet and tangible grace.

Giovanna Peel