affected even without stopping to notice it by every response you give me. I experience your response.<sup>5</sup>

The danger, then, is not that by turning inward I might become isolated from others; on the contrary, the danger is that by too much responsiveness to others I might be diverted from my own self-awareness and isolated from myself.

The inward turn, rather than removing a person from contact with others, puts her into deeper and more satisfying relationships. This increase in self-knowledge heightens her sense of herself as a creator of meaning and of value, and permits her to imagine and respect that originality in other people.

By coming to recognize her own originality and autonomy in the area of meanings and values a person becomes more open to others, for she need no longer defend herself against the imposition of alien meanings and values. And a further consequence of experiencing herself as a creative moral agent is her increased awareness of the futility of conversations, or even relationships, with people who seek to impose their absolutist values on her. She is then free to move toward supportive and mutually respecting interactions with others.

The further a person reaches into her own self, the further she can reach into deeper relations with others. Recognizing her own capacity for creativity and originality, she can imagine others to be creative and original as well. Real respect for herself leads to real respect for others. Autonomy, which leads to greater affiliation, is not to be confused with isolation. Affiliation is the condition and the consequence of identifying a personal realm of meaning and value.

'Carol Gilligan, In A Different Voice: Psychological Theory and Women's Develop*ment* (Cambridge, Massachusetts: Harvard University Press, 1982), pp. 28-9.

<sup>2</sup>Jean Baker Miller, *Toward a New Psychology of Women* (Boston: Beacon Press, 1976), p. 19.

<sup>3</sup>Susie Orbach, *Fat is a Feminist Issue* (New York: Berkeley Books, 1983).

<sup>4</sup>Eugene Gendlin, Experiencing and the Creation of Meaning (New York: The Free Press of Glencoe, 1962), p. 9.

<sup>5</sup>Roberto Mangabeira Ungar, *Passion*, *An Essay on Personality* (New York: The Free Press, MacMillan, 1984); cited in *The New York Times* (July 8, 1984), Book Review Section, p. 24.

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I touch my meat
red, bloody – raw and white
fresh now – pure, for the moment
smell the moistness
succulent juices, tart and sweet
aging well, quietly fermenting within
muscle and bone – a tendon sheath
I know the contours still
taught, slippery – impressionable all the same
marinated in good taste
the odd basting in self-control

Pound for pound – prime cut – ripe to be devoured rare – well done in any medium

I draw my hand along the wetness searching out that wrinkled pink flesh most delicate filet in this musky tenderloin slicing through each meaty layer needing just one taste – wanting all stack upon stack of slithery slices

The morsel is found an arm's length away

I awake and there you stand Butcher-wrapped and ready to roast

Sandra Dempsey Calgary, Alberta So pick it up and hold it like it's rare and old But you'll drop it in a minute or so I'm told You have a thought that's yours and it's oh so strong But so-and-so says otherwise maybe you're wrong

Now it's not so very long ago you held me high So you'll pardon my sadness as I watch you die It's not so much a question of liver and spunk But that age-old plummet to a wretched funk

So sue me for liable when I say you're dead But it wouldn't have hurt so if I'd seen ahead So much glitter and diamond hard to the core But the lion I loved barely sqeaked a roar

I played my best cards and I bet all my trust But you folded early and now – I'm empty with lust

Sandra Dempsey Calgary, Alberta